

ABOUT US

For the past 12 years WWS PT has been providing Physical Therapy and Vestibular Rehabilitation at our conveniently located and recently expanded office on Ferry Road in Doylestown, PA. WWS PT incorporates proven treatment techniques in conjunction with a wide range of technology to insure the best treatment is provided. This may include use of the Neurocom Balance Master Computerized testing and the Nintendo Wii to improve patients' strength and balance reactions.

Our staff of Physical Therapists and PT Assistants specialize in:

- Vestibular
- Orthopedic
- Post Concussion
- Sports Injuries
- Geriatrics

ORTHOPEDIC REHABILITATION

At WWS PT we often see patients with combined Orthopedic and Vestibular problems. Muscle imbalance, poor postural habits and repetitive motion can create tendinitis and joint pain. Our thorough assessment of movement patterns and muscle length imbalances are utilized to create tailored exercise programs to allow recovery of motion and return to ideal level of function.

WWS PT Specializes in the Treatment of:

- Herniated Discs
- Joint Replacement Rehabilitation
- Tendinitis/Tendinosis
- Sports Related Injuries
- Low back pain Neck pain
- Cervical Radiculopathy
- Sciatica
- Rotator Cuff Injuries

INSURANCE

All major insurances are accepted. Please visit our website www.wwspt.com to view our current list of accepted plans, and no referral may be needed as our therapists have **Direct Access for Physical Therapy** privileges. Payment arrangements can also be tailored to specific needs.

For more information please call 215.489.3234 and our staff will be happy to help coordinate your insurance benefits.

Therapy sessions begin with a thorough evaluation which allows your therapist to develop a program of treatment and exercise. Generally, exercise sessions are 2-3 times a week for 1 hour. Most patients see results in 2-4 weeks.

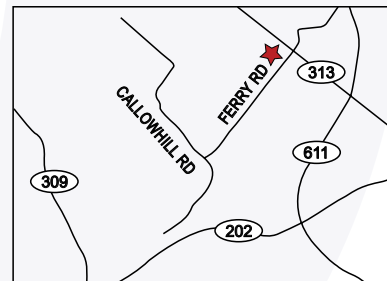
WWS PT has convenient day and evening hours and offers same day and 24 hour appointments.



Physical Therapy &
Vestibular Rehabilitation

215.489.3234 • fax 215.489.0131

1456 Ferry Road, Suite 601 • Doylestown, PA 18901
www.wwspt.com • wwsptassoc@aol.com



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Vestibular Rehabilitation

Get Back to Life...



Physical Therapy &
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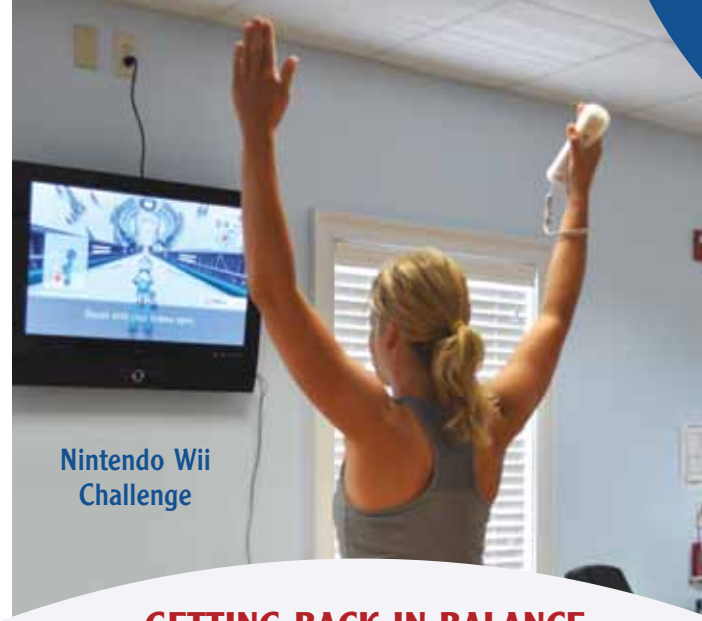
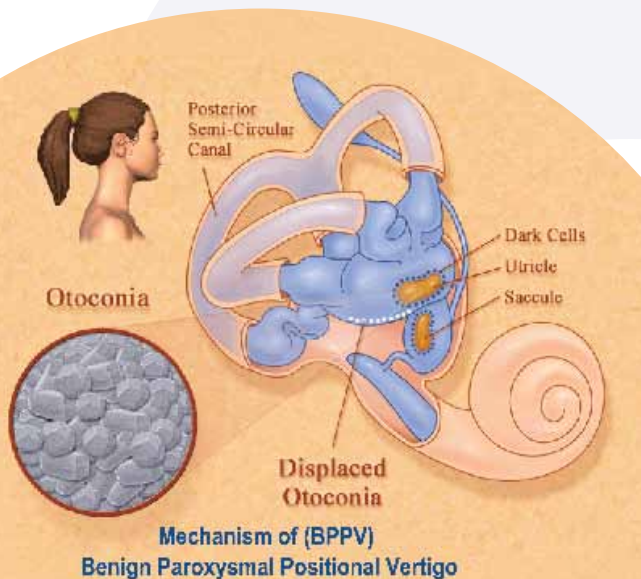
Don't let Dizziness or imbalance keep you from enjoying life.

Vestibular Rehabilitation is a Physical Therapy approach to the treatment of dizziness and imbalance provided by certified Physical Therapists using the most advanced training in the treatment of Vertigo and Balance disorders. Some disorders, such as BPPV (Benign Paroxysmal Positional Vertigo) are effectively treated in one visit.

Those benefiting from Vestibular Rehabilitation include those suffering from:

- Vertigo
- BPPV
- Balance Disorders
- Labyrinthitis/Neuritis
- Cervical Vertigo
- Peripheral Neuropathy
- Meniere's Disease
- Dysequilibrium of Aging
- Parkinson's Disease
- Neuromuscular Disorders
- Concussion

If you are having difficulty with Vertigo or Balance issues the therapists at WWS Physical Therapy will create a Vestibular Rehabilitation program to get you back in balance and back to enjoying your ideal level of function. Don't let fear of being dizzy discourage you from seeking care.



Nintendo Wii Challenge

GETTING BACK IN BALANCE

Balance is a complex task that is controlled by the visual system, vestibular system of the inner ear and joint sensors of the somatosensory system. These systems working together provide input to the brain which allows you to dance, run and walk. Weakness in any of these systems can cause episodes of vertigo and impaired function which can increase the risk of falling.

Parkinson Wellness Program

Designed specially by a PD-Exercise Expert to help patients deal with deficits associated with Parkinson's Disease.

Concussion Program

Tailored exercise program specially designed for young adults or mild head trauma patients with post concussion.

Vestibular Treatment may include:

- **Epley or Canalith Repositioning Maneuver** for BPPV to reduce vertigo symptoms in one visit in 90% of cases
- **Vestibular Ocular Reflex** exercise progressions are taught to stabilize gaze and reduce dysequilibrium
- **Balancing and Proprioceptive** exercises to reduce fall risk and improve balance reactions for young and older patients.
- **Strengthening** of key muscle groups to improve balance reactions



For more information
please visit us online at
www.wwspt.com

COMPUTERIZED DYNAMIC POSTUROGRAPHY TESTING (CDP)

Vestibular treatment includes a computerized comprehensive evaluation of the Vestibular and Balance systems to develop a clinical diagnosis and measure functional impairment. A CDP assessment is used to determine an individual balance strategy by focusing on how well the legs are coordinating with the inner ear, postural and motor systems. Your center of gravity, which can be influenced by postural abnormalities, can be assessed and exercise strategies can be developed with computerized feedback.

To help facilitate recovery, Vestibular Therapists will incorporate a broad variety of exercises to help challenge patients. While monitoring your progress, we will integrate the Nintendo Wii to challenges dynamic balance and visual stimulation, at the same time making exercises more enjoyable and competitive.